

BAY GREEN: 10 KM/330m+

START/FINISH: Sali (in Marina) / Mir (Bay)

ROUTE: From the Marina - Krstovica - Magrovica bay - Jaz bay - Grpaščak fort - Gmajno polje - Tripuljak bay - Mir bay

Short description:

From the start point run straight uphill, after cca 300m turn left, follow the road markings on asphalt road for 300 meters and then turn to the right. Follow markings on cemented path, once you come to crossroads go right (uphill) then after 150 meters turn left to macadam path (run another 200 meters) which leads you to the main road. Cross the main road to macadam path, this path goes across the hill again to asphalt road, you'll continue following it straight to Magrovica bay. Follow the road markings on asphalt road all the way to get to Jaz bay where you'll make a sharp turn to the right towards Grpaščak fort. From the fort Grpaščak you'll run down on footpath to macadam path (turn right) where from you'll follow path markings to Mir bay to the finish line.

Important annotations:

- Please pay attention to safe running and crossing main traffic roads. Please prepare and bring spare clothing to wear after race, also bring warm clothing to wear on the boat ride when returning to Sali (clothing will be given to you in transport bags once you come to finish line in bay Mir).

CONTROL POINTS:

CP1: Magrovica Bay

CP 2: Grpaščak fort

CP3: Finish line/ Mir Bay

REFRESHMENT POINTS:

RP 1: Magrovica Bay (water, iso drink)

RP 2: Grpaščak fort (water, iso drink, fruits, snacks)

RP 3: Finish/ Mir Bay (water, iso drink, fruits, snacks)

RP 4: Sali (water, lunch, cookies and sweets)